

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 4em; color: blue; text-decoration: underline;">JULY 2017</h1>						<b>1</b> 10:00 AM Group Exercise (AR) 10:30 AM <b>Homemade Ice Cream (DR)</b> 1:30 PM Manicure Mania (RV) 2:30 PM Quarter Bingo (ADR) 3:30 PM Comedy Classics (AR)
<b>2</b> 9:30 AM Catholic Communion (AAR) 10:00 AM Manicure Mania (RV) 10:30 AM Sunday Stretch (AR) 11:00 AM Bible Study with Beth (AR) 1:00 PM Worship Music (ADR) 1:30 PM Church Service (ADR) 2:30 PM Social (ADR) 3:30 PM Sunday Matinee (AR)	<b>3</b> 10:00 AM Chair Yoga (AR) 10:30 AM Mindfulness (AR) 2:00 PM Game Time (AR) 2:00 PM Animal Visit- Dixie (RV) 2:45 PM Music Therapy w/ Heather (AR)	<b>4 INDEPENDENCE DAY</b> 10:00 AM <b>Strength Building with Windsor Health Club (AR)</b> 1:15 PM Animal Visit- Barkley (RV) 10:00 AM Bingo (ADR) 2:30 PM Independence Movie and Treats (RV)	<b>5</b> 9:30 AM Rosary (AR) 10:15 AM Sit & Be Fit (AR) 10:45 AM Church Hymns (DR) 2:00 PM <b>Kerplunk! (CY)</b> 6:00 PM Movie Night (AR)	<b>6 MASSAGE THERAPIST ON SITE</b> 10:00 AM Exercise Games (AR) 10:30 AM Garden Club (CY) 2:30 PM Creative Corner- Bird Bath (CY) 3:00 PM Quarter Bingo (AAR) 5:30 PM <b>Concert in the Park- Carolina String</b>	<b>7</b> 9:30 AM Outside Walks (AR) 10:00 AM Friday Flex (AR) 10:30 AM Coffee Circle (AR) 2:00 PM <b>Happy Hour (DR)</b> 4:00 PM <b>Cards and Board Games with Youth Volunteers (AR)</b>	<b>8</b> 10:00 AM Group Exercise (AR) 10:30 AM Coffee Time! (AR) 1:00 PM Hot Towel Hand Massages (AR) 2:30 PM Quarter Bingo (ADR) 3:30 PM Comedy Classics (AR)
<b>9</b> 9:30 AM Catholic Communion (AAR) 10:30 AM Sunday Stretch (AR) 11:00 AM Be Inspired with Joann (AR) 1:30 PM Church Service (ADR) 2:30 PM Social (ADR) 3:30 PM Sunday Matinee (AR)	<b>10</b> 10:00 AM Chair Yoga (AR) 10:30 AM Mindfulness (AR) 2:00 PM Game Time (AR) 2:00 PM Animal Visit- Dixie (RV) 2:45 PM Music Therapy w/ Heather (AR)	<b>11</b> 8:30 AM <b>Walmart</b> 9:00 AM Animal Visit- Winnie (RV) 10:00 AM <b>Strength Building with Windsor Health Club (AR)</b> 2:00 PM <b>Taste Testing (DR)</b> 3:00 PM Quarter Bingo (AAR) 6:00 PM Movie Night (AR)	<b>12</b> 9:30 AM Rosary (AR) 10:15 AM Sit & Be Fit (AR) 10:45 AM Church Hymns (DR) 2:00 PM Animal Visit- Sasha (RV) 2:00 PM Treats and Trivia- Rootbeer Floats (DR)	<b>13 PODIATRIST ON-SITE MASSAGE THERAPIST ON SITE</b> 10:00 AM Exercise Games (AR) 10:30 AM Garden Club (CY) 130 PM <b>Birthday's w/ Jim (ADR)</b> 3:00 PM Quarter Bingo (AAR) 3:30 PM Manicure Mania (RV) 6:00 PM Game Night (AR)	<b>14</b> 9:30 AM Outside Walks (AR) 10:00 AM Friday Flex (AR) 10:30 AM Coffee Circle (AR) 2:00 PM Happy Hour (RV)	<b>15</b> 10:00 AM Group Exercise (AR) 10:30 AM Coffee Time! (AR) 1:30 PM Ice Cream Party and Games (AR) 2:30 PM Quarter Bingo (ADR) 3:30 PM Comedy Classics (AR)
<b>16 National Ice Cream Day</b> 9:30 AM Catholic Communion (AAR) 10:00 AM Manicure Mania (RV) 10:30 AM Sunday Stretch (AR) 11:00 AM Be Inspired with Cameron (AR) 1:30 PM Church Service (ADR) 2:30 PM Social (ADR) 3:30 PM Sunday Matinee (AR)	<b>17</b> 10:00 AM Chair Yoga (AR) 10:30 AM Mindfulness (AR) 2:00 PM Game Time (AR) 2:00 PM Animal Visit- Dixie (RV) 2:45 PM Music Therapy w/ Heather (AR)	<b>18</b> 9:00 AM Animal Visit- Winnie (RV) 10:00 AM <b>Strength Building with Windsor Health Club (AR)</b> 2:00 PM Resident Council (DR) 3:00 PM Quarter Bingo (AAR) 6:00 PM Movie Night (AR)	<b>19</b> 9:30 AM Rosary (AR) 10:15 AM Sit & Be Fit (AR) 10:45 AM Church Hymns (DR) 2:00 PM Animal Visit- Sasha (RV) 2:00 PM <b>Art Therapy w/ Windsor Art and Heritage Center</b>	<b>20 MASSAGE THERAPIST ON SITE</b> 10:00 AM Exercise Games (AR) 10:30 AM Garden Club (CY) 12:00 PM <b>Chili Thai</b> 2:00 PM <b>Scavenger Hunt</b> 2:30 PM Animal Visit- Zanny (RV) 3:00 PM Quarter Bingo (AAR) 6:00 PM Game Night (AR)	<b>21</b> 9:30 AM Outside Walks (AR) 10:00 AM Friday Flex (AR) 10:30 AM Coffee Circle (AR) 11:30 AM <b>Men's Lunch</b> 3:00 PM <b>Happy Hour with Kendra (ADR)</b> 6:30 PM Youth Group Singers	<b>22</b> 10:00 AM Group Exercise (AR) 10:30 AM Coffee Time! (AR) 2:00 PM Outside Games (CY) 2:30 PM Quarter Bingo (ADR) 3:30 PM Comedy Classics (AR)
<b>23 Parent's Day</b> 9:30 AM Catholic Communion (AAR) 10:30 AM Sunday Stretch (AR) 11:00 AM Be Inspired with Cameron (AR) 1:30 PM Church Service (ADR) 2:30 PM Social (ADR) 3:30 PM Sunday Matinee (AR)	<b>24 Carnival Week</b> 10:00 AM Chair Yoga (AR) 10:30 AM Mindfulness (AR) 1:00 PM Animal Visit- Jake the Cat (RV) 2:00 PM <b>Carnival Game Time (AR)</b> 2:00 PM Animal Visit- Dixie (RV) 2:45 PM Music Therapy w/ Heather (AR)	<b>25</b> 9:00 AM Animal Visit- Winnie (RV) 10:00 AM <b>Strength Building with Windsor Health Club (AR)</b> 11:00 AM <b>Picnic in the Park</b> 2:00 PM <b>Carnival Food Taste Testing (DR)</b> 3:00 PM Quarter Bingo (AAR) 6:00 PM Movie Night (AR)	<b>26 Carnival Week</b> 9:30 AM Rosary (AR) 10:15 AM Sit & Be Fit (AR) 10:45 AM Church Hymns (DR) 2:00 PM Animal Visit- Sasha (RV) 2:30 PM <b>Carnival Treats and Trivia- Caramel Apples (DR)</b>	<b>27 MASSAGE THERAPIST ON SITE</b> 10:00 AM Exercise Games (AR) 10:30 AM Garden Club (CY) 2:30 PM <b>Creative Corner- Carnival Photo Booth (AR)</b> 2:30 PM Animal Visit- Zanny (RV) 3:00 PM Quarter Bingo (AAR) 5:30 PM <b>Concert in the Park Country</b>	<b>28 Carnival Week</b> 10:00 AM Friday Flex (AR) 11:30 AM <b>Carnival (CY)</b> 3:00 PM <b>Happy Hour with Kerrie (ADR)</b>	<b>29 National Lasagna Day</b> 10:00 AM Group Exercise (AR) 10:30 AM <b>Dessert Lasagna (DR)</b> 1:30 PM Manicure Mania (AR) 2:30 PM Quarter Bingo (ADR) 3:30 PM Comedy Classics (AR)
<b>30</b> 9:30 AM Catholic Communion (AAR) 10:00 AM Manicure Mania (RV) 10:30 AM Sunday Stretch (AR) 11:00 AM AM Bible Study with Beth (AR) 1:30 PM Church Service (ADR) 2:30 PM Social (ADR) 3:30 PM Sunday Matinee (AR)	<b>31</b> 10:00 AM Chair Yoga (AR) 10:30 AM Mindfulness (AR) 2:00 PM Game Time (AR) 2:00 PM Animal Visit- Dixie (RV) 2:45 PM Music Therapy w/ Heather (AR)	 <h2 style="color: red; font-size: 2em;">SKILLED NURSING</h2> <p style="color: blue; font-weight: bold;">SHELLY'S BEAUTY BAR OPEN 9:00 AM - 3:00 PM EVERY TUESDAY, WEDNESDAY, THURSDAY, &amp; FRIDAY</p>				